



**PEGASO**

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FIT FOR FUTURE

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**Teenagers and teachers  
experience - Roundtable**

**PEGASO Final Conference**

July 4<sup>th</sup> 2017



## Pilot site: Vittorini

**Liceo Scientifico Statale**

**Elio Vittorini**

**Milano - Italy**



Liceo Scientifico Statale  
"Elio Vittorini" – Milano  
Italy



Auditorium  
Via Donati 5



Library  
"Ettore Borelli"  
Via Donati 7



The school wanted to participate to offer the students the possibility of being part of an important project with prestigious partners. The decision to join the Project was also enhanced by the use of technology and by a new way of engaging students in reflecting on the importance of a healthy lifestyle.





It was a complex project to be carried out. The difficulties were above all organizational : urging participating students to do what they were required to meet the deadlines.

Organising the timetable of the Project in order to balance the impact on the other school subjects. The students reported some problems with the running of the apps.



The biggest benefit was to participate in an European project and to collaborate with Politecnico of Milan and with CNR.

The students reported a few benefits as far as the control of nutrition and the increase of physical activity are concerned.

